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Direct Focus

Ingredient	Health Claims ¹	Amount	%RDA ² per portion
Magnesium	<ul style="list-style-type: none"> Magnesium contributes to normal functioning of the nervous system 	187.5 mg	50%
Riboflavin	<ul style="list-style-type: none"> Riboflavin, folic acid and vitamin B12 contribute to normal functioning of the nervous system 	1.4 mg	100%
Folic acid		400 µg	200%
Vitamin B12	<ul style="list-style-type: none"> Riboflavin, folic acid and vitamin B12 contribute to the reduction of tiredness and fatigue 	250 µg	10 000%
Vitamin C	<ul style="list-style-type: none"> Vitamin C contributes to normal functioning of the nervous system Vitamin C contributes to normal psychological function Vitamin C contributes to the reduction of tiredness and fatigue 	80 mg	100%

¹According to Regulation (EU) No 432/2012

²RDA = Recommended daily allowance



INGREDIENTS

Magnesium citrate, L-ascorbic acid (vitamin C), acidifier (citric acid), anti-caking agent (calcium silicate), natural flavor, riboflavin-5-sodium phosphate, L-methyl folate calcium, methyl cobalamin, sweetener (sucralose).

NUTRITION FACTS (PER PORTION)

Energy	<0.5kJ / <0.1kcal
Fat	0 g
of which saturates	0 g
Carbohydrates	< 0.1 g
of which sugars	< 0.1 g
Dietary fiber	0 g
Protein	0 g
Salt	< 0.1 g

HIGHLIGHTS

- High in vitamin C
- High in magnesium
- High in vitamin B2, B9 & B12
- Direct intake or soluble in water
- Extra energy from dextrose
- Without artificial flavors and colorants

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